

## Physical Literacy for Infants

### Peek-a-boo game

For this activity you will need a comfortable place to sit with your baby and a blanket or a cloth.

#### **Activity:**

Cover your face with a blanket/cloth, and then uncover it to see the baby's reaction. Older infants may initiate some attempts to participate in the game by reaching for a blanket/cloth covering your face.



#### **Skills developed:**

1. Practicing the ability to track objects with the eyes
2. It promotes the development of object permanence.

#### **Object Permanence**

The understanding that objects don't disappear because they cannot be seen, heard or sensed in any way.